

TWO WEEK MENU

AUTUMN/WINTER 2022

OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C 31/10, 14/11, 28/11, 12/12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Cheese & tomato Pizza	Pork Sausage	Roast Turkey	Beef Bolognese	Fish Finger
	Served with homemade wedges	Served with Mashed Potato and Gravy	Served with Roast Potatoes and Gravy	Served with Wholemeal Pasta, Broccoli and Sweetcorn	Served with Chips, Peas, Carrots and Beans
Alternative Dish	Vegetarian Sausage	Vegetable Bolognese	Quorn Roast	Macaroni Cheese	Quorn Dippers
	Served with Mashed Potato and Gravy	Served with sweetcorn and Green Beans	Served with Carrots and Cabbage	Served with broccoli & sweetcorn	Served with Chips, Peas, Carrots and Beans
Third Choice	-	-	-	-	-
Salads	Freshly Prepared Salads Available every day				
Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings
Pasta	Hot Tomato Pasta				
	Wholemeal Pasta with homemade Tomato Available every day				
Vegetables	Carrots and Peas	Sweetcorn and Green Beans	Carrots and Cabbage	Fresh Broccoli and Sweetcorn	Peas, Carrots and Beans
Dessert	Vanilla Ice Cream with Fruit Slices	Orange Drizzle Cake and Fruit Slices	Oat Cookie with Fruit Slices	Pineapple Upside Cake	Chocolate and Raspberry Swirl Cake and Fruit Slices

AUTUMN/WINTER 2022

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT, FRESH FRUIT AND FRUIT JUICE

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice



WEEK 2 MENU

W/C 07/11, 21/11, 05/12, 19/12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Cheese and Tomato Pizza 🍷🌱 Served with Potato Wedges	Cottage Pie Served with Sweetcorn and Broccoli	Roast Chicken Served with Yorkshire Pudding, Mashed Potato and Gravy	Beef Burger 🍷 Served Potato Sweetcorn and Green Beans	Fish Fingers Served with Chips, Peas, Carrots and Beans
Alternative Dish	Vegetarian Sausag 🌱🍷🍷 Served with mashed Potato and Gravy 🍷	Vegetable Bolognese 🌱 Served with Sweetcorn and Broccoli	Roast Quorn 🌱 Served with Mashed Potato and Gravy	Vegetable Stir Fry 🌱🍷 Served with Rice, Sweetcorn and Green Beans	Quorn Dippers 🌱 Served with Chips, Peas, Carrots and Beans
Salads	Freshly Prepared Salads Available every day				
Jacket Potato	Jacket Potato 🌱🍷 With a choice of fillings	Jacket Potato 🌱🍷 With a choice of fillings	Jacket Potato 🌱🍷 With a choice of fillings	Jacket Potato 🌱🍷 With a choice of fillings	Jacket Potato 🌱🍷 With a choice of fillings
Pasta	Hot Tomato Past 🌱🍷🍷 Wholemeal Pasta with homemade Tomato Sauce Available every day				
Vegetables	Carrots and Peas	Sweetcorn and Broccoli	Carrots and Cabbage	Sweetcorn and Green Beans	Peas, Carrots and Beans
Dessert	Jam Sponge with Fruit Slices 🍏	Banana and Apricot Flapjack served with Fresh Fruit 🍏🍷	Chocolate Ice Cream with Fruit Slices 🍏	Raspberry Ripple Cake with Fruit Slices 🍏🍷	Strawberry Frozen Yoghurt with Fruit Slices 🍏

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT, FRESH FRUIT AND FRUIT JUICE

🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍏 Fruity! 🍷 Nutritionist's choice

