

Swimming at Tower View Primary and Nursery School

Children attend Meadowside Swimming baths for their swimming lessons. This is in year 3 and occasionally extended to year 4 for SEN purposes..

Children undertake $\frac{1}{2}$ a year of swimming in year 3 in a cohort size of no more than 30 and with adult:child ratios of 1:7. The aim is to build stamina, confidence and technique for those children who can already swim (usually around 25%) and to build confidence, enjoyment and ability for the rest of the children. We try to ensure that at least 80% of pupils can swim without arm-bands by the end of their half-year of swimming and that all children have a good awareness of keeping safe around water through "Keeping Safe" scheme. We also do practical sessions for how to attempt to get help for someone in flowing water, like the river Trent.

There are two pools at Meadowside, a normal sized pool for confident swimmers and a smaller training pool for non-swimmers or those that need arm bands. The children's ability to swim is continuously assessed and children are moved groups accordingly.

Meadowside provide the trained swimming instructors and lifeguards. School staff support by teaching smaller groups.

At the end of the 18/19 academic year, 75% of year 6 pupils could swim at least a length of the swimming pool (25m).