



Tower View Newsletter

6th March 2025

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Dates for the diary

Below are some key dates for the whole year, we will endeavour to keep to these dates as much as we can

Friday 7th March - Celebrating World Book Day

Monday 10th March - Introduction to Mental Health Support Team. See poster below (sign up via ParentPay)

Tuesday 18th March - Parents' Evening

Wednesday 19th March - Parents' Evening

Friday 21st March - Red Nose Day - wear something red in exchange for £1

Thursday 10th April - PTFA Easter Disco (Rec, Y1,Y2,Y3 4:30pm - 5:45pm and Y4,Y5,Y6 6:00pm - 7:30pm. See below)

Friday 6th June - PTFA come as you please/crazy hair day in exchange for donations towards summer raffle

Friday 20th June - Summer Fayre

Parents Evening

Parents' Evening appointments are now available to book via Arbor.

Tuesday 18th March 3:50pm - 5:30pm

Wednesday 19th March 3:50pm - 6:50pm



INTRODUCTION TO MENTAL HEALTH SUPPORT TEAM

MONDAY 10TH
MARCH AT 2.30PM
IN SCHOOL HALL

with
**Maria
Holmes**



WHO WE ARE AND WHAT WE DO?
WHAT IS MENTAL HEALTH AND WHAT IS A HEALTHY MIND?
RECOGNISING MENTAL HEALTH NEEDS
KNOWING THE SIGNS
STARTING CONVERSATIONS ABOUT MENTAL HEALTH
LOOKING AFTER YOUR OWN MENTAL HEALTH



What Parents & Educators Need to Know about WHATSAPP

AGE RESTRICTION

13+

WHAT ARE THE RISKS?

With more than two billion active users, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. The UK's Online Safety Bill proposes to end such encryption on private messaging, but for the time being, this controversial feature remains.

EVOLVING SCAMS

WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency' – plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

CONTACT FROM STRANGERS

To start a chat, someone only needs the mobile number of the WhatsApp user they want to message. Therefore, if a child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that the child might be added to a group chat or community (by one of their friends, for example) containing other people they don't know.

FAKE NEWS

WhatsApp's connectivity and ease of use allow news to be shared rapidly – whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a "Forwarded many times" label and a double arrow icon. This makes users aware that the message they've just received is far from an original... and might not be entirely factual, either.

CHAT LOCK AND SECRET CODES

In 2023, WhatsApp introduced a feature that lets users keep their chats in a separate 'locked chats' folder, saved behind their phone's passcode, fingerprint or face ID. There is an additional feature – 'Secret Code' – where users set a unique password for locked chats. Unfortunately, this creates the potential for young people to hide conversations and content they suspect their parents wouldn't approve of.

VIEW ONCE CONTENT

The ability to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate material or abusive texts, knowing that the recipient can't reopen them later to use as evidence of misconduct. People used to be able to screenshot this disappearing content – but a recently added WhatsApp feature now blocks this, citing protection of privacy.

VISIBLE LOCATION

WhatsApp's Live Location feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child is safe while out, for example. However, anyone in a user's contacts list or in a mutual group chat can also track their location – potentially letting strangers identify a child's home address or journeys that they make regularly.

Advice for Parents & Educators

EMPHASISE CAUTION

Encourage children to treat unexpected messages with caution; get them to consider whether it sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.

ADJUST THE SETTINGS

It's wise to change a child's WhatsApp settings to specify which of their contacts can add them to group chats without needing approval. You can give permission to My Contacts or My Contacts Except.... Additionally, if a child needs to use Live Location, emphasise that they should enable this function for only as long as they need – and then turn it off.

CHAT ABOUT PRIVACY

Check in with the child about how they're using WhatsApp, making sure they know you only have their safety at heart. If you spot a Locked Chats folder, you might want to talk about the sort of content they've stored in there, who they're talking to, and why they want to keep these chats hidden. Also, if children send any View Once content, it could be helpful to ask them why.

DISCUSS GROUP CHATS

Make children aware that there could be members of a group that they don't know well and that words can be misinterpreted. Encourage them to leave a good impression, to avoid joining in if conversations turn towards bullying, and to respond to such situations in an appropriate way. Make sure they know that it's OK to leave a group chat if it makes them uncomfortable – or for any reason, in fact.

THINK BEFORE SHARING

Help children understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy – and all too common – for content that a user posts to be shared more widely, even publicly on social media. Encourage children to consider how an impulsive message or forwarding might damage their reputation or upset a friend who sent something to them in confidence.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at <https://nationalcollege.com/guides/whatsapp-2025>



Revive

PARENTING PEER-SUPPORT

SEN Parents Drop-In

Support for parents of children with additional needs. No formal diagnosis needed.

1st and 3rd Thursdays

9am to 11am

The Corner - DE14 3SU

Term time
only

Free drinks
and toast

No need
to book

Little ones
welcome

Burton Elim Church
One church Two Locations

www.burtonelim.com
office@burtonelim.com
01283 205323



Part of Elim Foursquare Gospel Alliance. Registered charity 251549 (England and Wales) and SC037754 (Scotland)



Hop on over for our

EASTER **Disco**

Thursday 10th April 2025
KS2 Hall

Reception, Year 1,2,3

4.30pm - 5.45pm

Years 4,5&6

£3 Entry

On the door

**A drink & snack
are included !**

6.00pm - 7.30pm

**Please ensure your child is
picked up promptly from the KS2
Playground !**

**Year 5&6 Children allowed to walk home
must inform a member of staff
before hand !**

NO MOBILE PHONES





Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Having a clear out?

Are you able to help your local school?

Please donate your unwanted household items to our outdoor play project.

We are in the process of transforming our lunchtimes in partnership with OPAL (Outdoor Play and Learning) by giving our children lots of household items to play with. Our favourite play things include:

Anything on wheels- suitcases, pushchairs, trolleys, skateboards, scooters, bikes, go karts and wagons

Fancy dress clothing- fun items for dressing up, any shape or size, large pieces of material

Kitchen items- bowls, plates, old pots and pans, utensils etc- metal, wood and plastic only please

DIY and Tools- ladders, rope, tarpaulins, gardening tools

Small electricals- (non-working order) the more buttons the better!

Anything else, we'll give it a second life- surprise us!

Can you help with any of the following?

We'd love to build a large sandpit! Do you have access to, or know anyone who has access to a mini digger? If so, would you be willing to help out? We will also require: sleepers, bottom liner, sand and a cover.

Are you a keen DIYer?! Would you like to help us to build some mud kitchens out of pallets?

If you are able to offer any help in any way, it would be greatly appreciated. Please call the school office and speak to Miss Harvey or Mrs Mafham (Curriculum Leads for Play) or Mrs Stewart (Play coordinator) for further information.



Thank you in advance for supporting enriched outdoor play at our school!