## Dear Parent/Carer



# NSPCC's Speak out. Stay safe. Programme

I am pleased to inform you that we are participating in the NSPCC's Speak out. Stay safe. **Programme** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the Speak out. Stay safe. programme visit www.nspcc.org.uk/speakout. The assemblies will take place from w/c 29th April, KS1 and **KS2 delivered separately.** If you would like to view the content of the assembly or discuss any concerns with school prior to sharing with children, please have a look on the website (link above) or contact us and we will do our best to help.

### Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support	Activities to extend learning at home
Take a look at information, support,	Take part in games and activities at home to
advice and activities from NSPCC for	help children learn about speaking out and
parent and carers.	staying safe.
www.nspcc.org.uk/parents	www.nspcc.org.uk/activities

# **Online Safety Hub**

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/onlinesafety

### Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)

### Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Mr G Lobb

Head Teacher

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